
dōTERRA® TOP 10 OILS

DigestZen: Digestive blend - promotes healthy DigestZen, settles heartburn, bloatedness, cramping and nausea.

Easy Air: Respiratory blend, clears airways, great support for asthmatics, energising.

Frankincense: Fights inflammation, incredibly beautifying and anti-ageing for the skin, promotes cellular regeneration.

Lavender: Calming to the nervous system, soothes irritated skin, promotes restful sleep.

Lemon: Detoxifying, no-tox cleaner, purifies air, great for focus, delicious in salad dressings.

OnGuard: Protective blend - wards off bacteria, protects the immune system and loads the body with antioxidants.

Ice Blue: Apply topically for muscle and joint pain.

Oregano: Nature's antibiotic! **Peppermint:** Cools body temperature, energising, settles an upset tummy.

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Tea Tree: Great for bites and stings, blemishes and can be used as an insect repellent.

